Dress Code Guidelines

- Anyone violating the dress code policy will be asked to change or leave. Repeat offenders may lose membership privileges based on the facility rule violation policy.

- T-shirts and sleeveless shirts/tank tops which cover the entire torso (stomach, chest and back: no strappy tank tops or bra tops) are allowed. Any cut off sleeved shirts must be cut no longer than 3 inches below the armpit. Sweatpants, modest shorts and similar items are considered appropriate attire. Athletic shoes (closed toe/closed heel) must be worn at all times, except during yoga classes.

- Flip flops, open back/open heel shoes, boots, black-soled shoes, jeans, and any pants with buttons or hardware (zippers/rivets) are prohibited.

- Until COVID-19 Restrictions are lifted, appropriate face masks or face coverings must be worn (mask must cover over the nose down to below the chin, and be secured to completely cover the mouth and nose